

INTRODUCTION TO HANG GLIDING April 14, 2007

Introduction

Foot-Launched hang gliding is the most bird-like flying experience a human can have. Like a bird the pilot takes off from the ground with the help of a wing, explores and exploits the updraft of air currents, and lands on his or her feet. In this course of "Introduction to Hang Gliding" you will learn the basics of hang gliding, what equipment you need, and what it costs. You will also get a chance to see what it feels like to carry a hang-glider on your shoulders and how it becomes lighter as you accelerate and start running into the wind...



Goal

At the end of this course every student knows how a hang glider works and can list the basic equipment needed to fly with it. He or she will be aware of the basic safety procedures and will have handled a hang glider on flat ground.

Program

The first program will be held in mid April. A message will be put on the Padgham Wind-Talker (a phone messaging system: 585-924-9610) by 10am that morning announcing if the course will be held or delayed for a week. Official starting time is 1pm next to 455 Bowerman Road in Farmington (Parking along the E-side of the road, N of the dirt road to the training hill; do not drive onto the dirt road!)



Participants

Participants must be in good physical shape and need the parent's permission if younger than 18.

Itinerary:

- 1:00 - 1:30 Welcome, registration, paper work, show proof of health insurance
- 1:30 - 2:00 Introduction: clubs (RAF, USHGA), equipment, costs, theory of flight
- 2:00 - 3:00 Hang gliders: part names and ground handling
- 3:00 - 3:30 Break and demonstration flights
- 3:30 - 4:30 Ground handling, launching process, flaring
- 4:30 - 5:00 Questions and answers, wrap up.

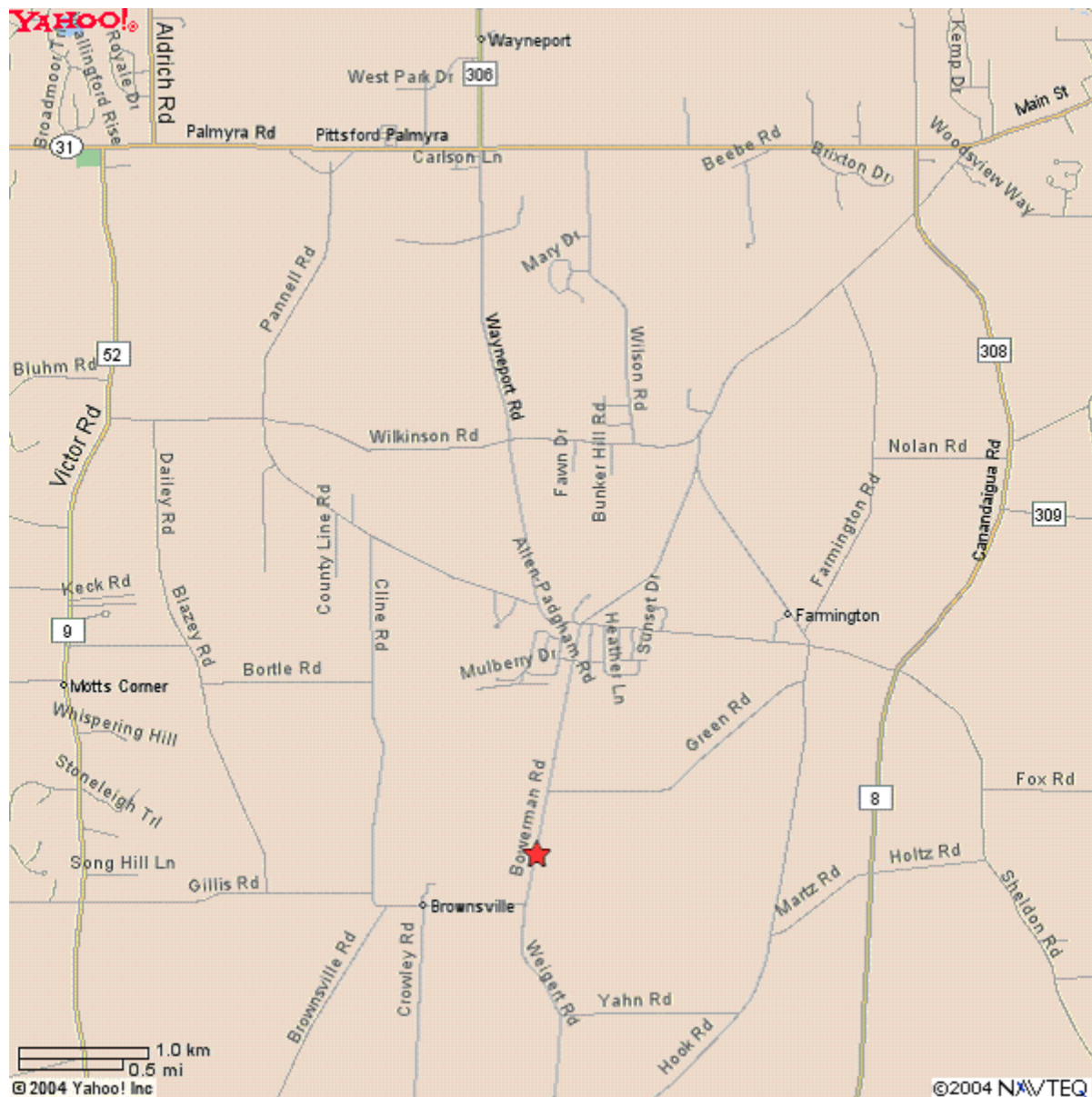
Cost

The cost is \$50 (cash or check) if you sign up before April 10, \$60 on the day of the course. This includes the use of all the necessary equipment and a temporary membership in the Rochester Area Flyers (RAF) and the US Hang Gliding Association (USHGA). You need to have your own health insurance. Proof of health insurance is required at the beginning of the course.

Please sign up below and select appropriate payment option. If pre-paying by check, please send

payment to the following address:

Brooks Lyon, RAF Introduction Course
P.O. Box 621
Canandaigua, NY 14424



More Information at: <http://rochesterareaflyers.com/>
Or call Moritz at (585) 955 3784, Henry at (585) 381 5729